Volume 8, Number 2 January 30-February 12, 1993

UCSF Newsbreak

"Nothing Can Be Ruled Out"

No Painless Way to Resolve Budget Cut

UC now is preparing for another round of devastating budget cuts. As we already reported in *Newsbreak*, Governor Wilson has proposed a 7.3 percent or $138 million undesignated cut in funding for UC for 1993-94, the third straight year UC's budget has been reduced. Given the state's financial woes, the governor's proposed budget for UC is not unexpected, but nonetheless will be especially damaging due to the series of heavy budget cuts UC already has taken.

"As in the past, no single option can be expected to solve our budget problem. There are no obvious solutions, and certainly no painless ones," UC President Jack Peltason recently told the Regents. Peltason will present a plan to the Regents at their March 18-19 meeting in Riverside, which will deal with the $243 million shortfall between what was requested and the proposed state budget. To prepare the plan, Peltason will meet with the chancellors, the Academic Senate, students and other members from each campus to "bring our best thinking to bear on the problem."

Peltason emphasizes, "Everything is on the table. No decisions have been made. Given the magnitude of the new cut combined with the cuts we've already taken, nothing can be ruled out."

To cope with previous shortfalls, UC faculty and staff have gone two years without a general salary increase. The University has instituted workforce reductions totalling over 5,000 people, and UC campuses are teaching 12,000 more students than the state is funding. A series of deep cuts has been made in budgets for library books, various equipment, building maintenance and other nonsalary items. At the same time, student fees will have doubled in three years.

Besides student fee increases, Peltason says that UC will need to look closely at salaries. "That's where about three-quarters of the University's budget goes," he says. "But, we need to keep in mind that our faculty and staff have had no salary increase for two years in a row and also that our faculty salaries will lag about eight percent behind the competition next year if we provide no increase."

Peltason adds that further workforce reductions are another option, but the 5,000 positions which already have been eliminated are taking "a heavy toll in research and public service programs and are having an impact on our administrative capabilities."

Look to *Newsbreak* for further budget updates. Also, remember to check 502-NEWS for the latest information.

One of Dozens of Events in February to Honor Black Heritage

Black Nurses Symposium Friday, February 26

Social and political issues related to health care for the African American community will be the focus of the School of Nursing's seventh annual Black Nurses Symposium on Friday, February 26, from 8 a.m. to 4 p.m. in Cole Hall.

Top African American nursing leaders from across the nation will look both at specific health problems in the African American community and those common social conditions — poor access to health care, inadequate insurance coverage and lack of culturally sensitive or culturally-specific care — which contribute to these problems. The program will attempt to answer the question, "How might the African American nurse intervene to make a difference?"

According to DeLois Weekes, assistant professor, family health care nursing, there is a strong feeling among nursing leaders that nurses could go a long way in filling the health care gap in the African American community. To make this happen, better reimbursement is needed for nurses, i.e., a fee-for-service reimbursement system for nurses. Also, there is a tremendous need for more African American nurses, both at the RN level and at the higher education level.

Recent data show that African American enrollment in basic nursing programs in the western US comprises about 5.7 percent of the total, and of nursing faculty nationwide, African Americans comprised only 5.8 percent of the total. "There is a particular dearth of master's and doctorally prepared African American nurses," says Weekes. This translates into nurses who are in a position to exert the most influence on the politics of health care — a crucial factor if the African American community wants to realize any kind of major change, she says.

One of the goals of the annual symposium is to encourage African Americans to go into nursing, or to encourage those who are already in nursing to pursue higher degrees toward leadership roles. Toward this end, a free "Educational Advancement in Nursing" workshop will be offered on Thursday, February 25, from 1 to 5 p.m. in Cole Hall.

The School of Nursing has used this photo since 1987 as part of its Black Nurses Symposium. It shows one of the first black women to graduate from a US nursing school.

Both the symposium and workshop are open to all members of the community. The symposium fee is $40 if continuing education units are requested, $10 (no credit) or free to participants with student IDs. Call 476-4897 for further information.

The symposium is just one of more than two dozen campus events to honor Black Heritage Month — from a series of lectures to poetry reading, a Black Vendors Fair to a Black Caucus Gala. See the *Today & Tomorrow* calendar, page 4, for the events through Friday, February 12.

UC Alumni Go to Bat

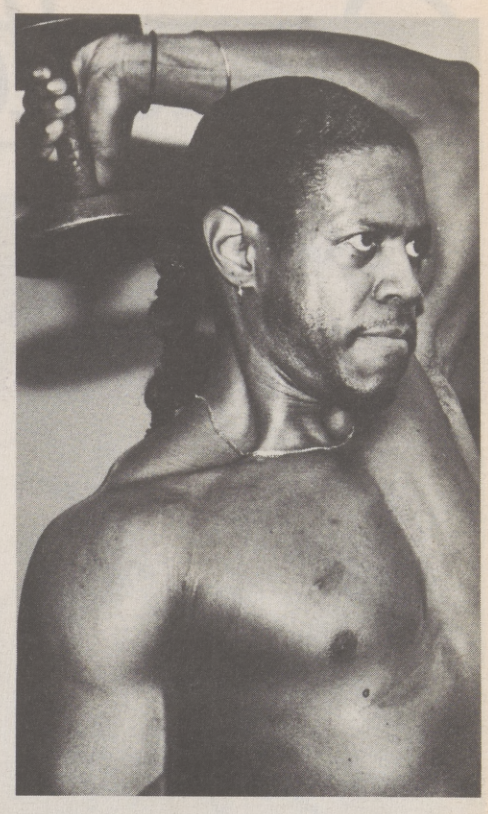
Alumni from all of the UC campuses, including 32 representing UCSF, will be attending the AAUC (Alumni Association of UC) Sacramento Legislative Conference on February 22 and 23. While at the state capital the alumni will meet with key legislators to discuss, among other items, UC's budget crisis. "This is the highest number of delegates UCSF has ever had," says Dianne Leiker, special assistant for Alumni Affairs. "Just a few years ago we had a little more than half that number. It shows that people want to be, and feel the need to be, involved in this process."

"Guys & Dolls" to Benefit Infant-Parent Program at SFGH

Opening night festivities for the Tony Award-winning musical "Guys and Dolls" on Wednesday, February 10, will benefit the Infant-Parent Program at SFGH. The purchase of special $150 benefit tickets will allow theater goers to attend the opening night performance at the Golden Gate Theater and a cast party at Moose's restaurant after the show.

Established in 1979 under the auspices of the Department of Psychiatry, the Infant-Parent Program treats infants, toddlers, and their parents when difficulties in child-parent relationships create serious problems for the children. The program also offers mental health consultation to day care centers throughout the city, as well as other institutions and organizations. Its professional training program has produced infant mental health practitioners now working throughout the country.

"Guys and Dolls," appearing from February 10 to March 6 at the Golden Gate, won four 1992 Tony Awards, including the award for best revival of a play or musical. The show is directed by Jerry Zaks and stars Lorna Luft. For further information on the benefit tickets call 476-7082.



Page 7 . . . Orthopedic Nurse Shows What Discipline is All About

Dentistry Establishes First Endowed Chair

The School of Dentistry now has its first endowed chair — The Lee Hysan Chair of Oral Epidemiology — thanks to a pledge of $500,000 from Chien Lee and his family. The position is named after Lee's grandfather, community leader Lee Hysan, the late Hong Kong businessman.

Awarding a fully endowed chair, such as this, is one of the most prestigious honors UCSF can offer. The title honors the accomplishments and contributions of the recipient, and helps the campus compete for leading candidates worldwide. John C. Greene, dean of the School, plans an international search to fill the position.

Epidemiology has evolved from the study of epidemics and epidemic diseases to include newer areas that are action-oriented — aimed at changing existing practices. Researchers in these areas ask practical questions: What works and what doesn't? How do we know this works? What evidence is there to support this form of treatment as compared with that one? Which delivery systems are most cost effective, and which get the best results in terms of healthy people?

Information derived from epidemiologic studies is valuable in planning dental public health programs, dental education programs, and better methods for delivering dental care. Data from epidemiologic studies not only help to better understand diseases and their causes but also point the way to more effective prevention and treatment.

In the past, oral epidemiology helped in the discovery of the role of fluoride in preventing tooth decay. Today, the epidemiology of oral complications associated with HIV infection is beginning to contribute to our understanding of how the human immune system works and the consequences of its breakdown.

In recent years, many epidemiologists have had a strong influence on the quality of clinical research by helping to develop better methods and design better studies that yield more meaningful results.

The Latest on Oral Lesions, HIV

Researchers from around the world will gather at a UCSF workshop from Sunday, January 31, to Wednesday, February 3, to learn about, and share information on, the oral manifestations of HIV infection. Sponsored by the Oral AIDS Center, Department of Stomatology and the School of Dentistry, this second international workshop will be held at the ANA Hotel (formerly the Meridien) in San Francisco.

According to workshop co-chairs Deborah and John Greenspan, the program will emphasize new developments, current work showing the broader significance of oral lesions — their diagnosis and management, oral health care for the HIV population, information on expression in women, children and geographic variations, and HIV-related occupational issues.

For further information call 326-7781.

Gazette

Appointments

Colleen Collins: Appointed manager, Employee Rehabilitation Services. Collins and her staff help campus members who are having trouble keeping or doing their jobs due to disability of any kind. By modifying an employee's job, finding another position within the University or, if necessary helping the employee locate employment outside the University, the service helps people return to work as quickly as possible. Collins, who owned and managed a private rehabilitation firm for the past seven years, also makes sure the University complies with laws relating to workers compensation and the Americans with Disabilities Act and many other regulations.

Cheryl Clarke: Appointed development director for the School of Dentistry in the Office of Development. Her fundraising efforts among the School's major donors complement annual fundraising efforts by Katherine Bella, associate director, annual giving. Clarke previously served as director of alumni relations and development for the University of San Francisco (USF) Law School. Clarke earned her law degree from USF and has practiced both corporate and real estate law.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Jane Lipscomb: Received $57,852 from the National Institute for Occupational Safety & Health, Cooperative Agreement with Educational Resource Centers, Inc., for her project "Impact of Safer Devices on Workers' Attitudes and Injuries." Lipscomb is assistant professor, mental health, community & administrative nursing; epidemiology & international health.

Douglas Vanderburg: Received $10,000 from the Veterans Affairs Central Office to develop and evaluate an HIV education project for veterans with chronic mental illness. Vanderburg is assistant clinical professor, psychiatry; chief, VAMC PETU; director, psychiatric AIDS program, VAMC.

Richard M. Locksley: Received a five-year $350,000 scholar award from the Burroughs Wellcome Fund to study the molecular mechanisms of the host immune response to parasitic infection. Locksley is associate professor, medicine & microbiology/immunology; chief, infectious disease division.

Publications

Adele Clarke: Co-author, *The Right Tools for the Job: At Work in the 20th Century Life Sciences* (Princeton University Press, Princeton, NJ, 1992). Clarke is assistant professor, social & behavioral sciences and history of health sciences.

Dorothy Rice & **Wendy Max:** Co-authors, *The Cost of Smoking in California, 1989* (CA State Dept. of Health Services, Sacramento, CA, 1992). Rice is professor, social & behavioral sciences. Max is associate specialist, social & behavioral sciences and Institute for Health & Aging.

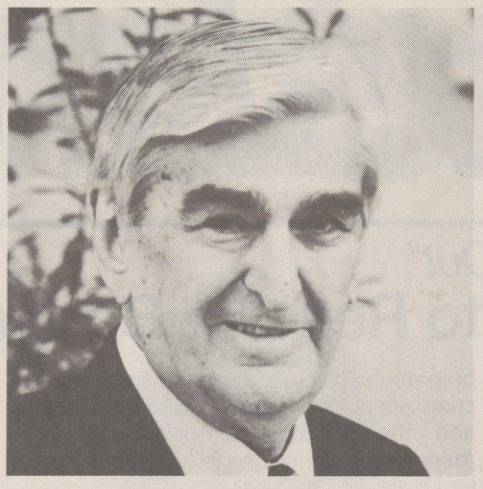
Carroll L. Estes: Co-editor, *The Long-Term Care Crisis: Elders Trapped in the No-Care Zone* (Sage Publications, Newbury Park, CA, 1992). Estes is professor, social & behavioral sciences; director, Institute for Health & Aging.

Robert H. Glass: Editor, *Office Gynecology, 4th Ed.* (Williams & Wilkins, Baltimore, 1992). Glass is professor, ob/gyn & reproductive sciences; research associate, Laboratory of Radiobiology & Environmental Health.

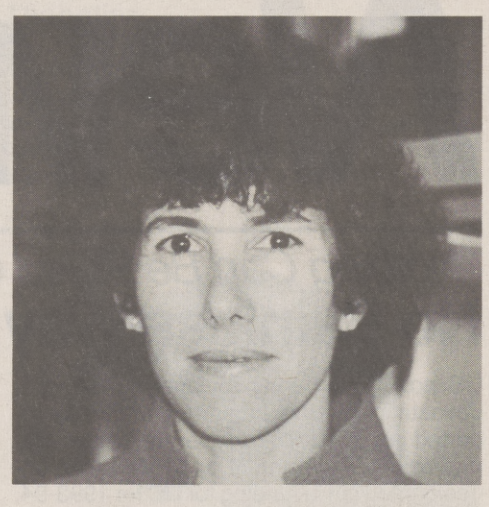
AIDS Research Grant Trainees Chosen

Charlene Harrington, chair, social & behavioral sciences, and Ron Stall, assistant professor, epidemiology & biostatistics and the Center for AIDS Prevention Studies (CAPS), announce that seven predoctoral trainees have been selected for 1992-93 under the Universitywide AIDS Research Program Training Grant, Social & Behavioral Training in AIDS/HIV Research. Pictured (left to right) are Harrington (principal investigator), Mary Ellen Yates, Stall (co-principal investigator), Darcy Johnston, Colleen Hoff and G. Michael Crosby. Not pictured are Sandra Hyde, Isabelle Melese-d'Hospital and Doug Sebesta. The students work at CAPS and are enrolled in the School of Nursing's Graduate Program in Sociology, Department of Social & Behavioral Sciences.

Honors & Awards



Louis Hansen: Received the Golden Key Lifetime Achievement Award from the Medicodental Guild of California. The award recognizes him as one of the leading diagnostic oral pathologists in the world. Hansen, who founded the UCSF Oral Pathology Service in 1967, is professor emeritus, oral pathology.



Jeanine P. Wiener-Kronish: Selected to serve as member, Surgery, Anesthesiology & Trauma Study Section, Division of Research Grants, NIH, for a four-year term. Wiener-Kronish is associate professor, anesthesia.

Rae Jean Blaschka: Received a Nurses' Educational Funds Scholarship Award for $2,500 in recognition of her academic achievements and potential as a future leader of the nursing profession. Blaschka is a master's student, Family Nurse Practitioner Program, family health care nursing.

Diana Taylor: Appointed to the Women's Health Advisory Committee, San Francisco Department of Public Health. Taylor is assistant professor, family health care nursing.

Michael J. Franzblau: Chosen as the Marin Medical Society's Physician of the Year for 1992 for his significant contributions to the profession and his dedicated pursuit of quality medical care for the citizens of Marin County. Franzblau is clinical professor, dermatology.

Sue Henry: Appointed a representative to the Office of Statewide Health Planning & Development Technical Advisory Committee. Henry is assistant clinical professor, mental health, community & administrative nursing.

Erika Froelicher: Appointed co-chair, Clinical Practice Guidelines Panel for Cardiac Rehabilitation, Agency for Health Care Policy & Research. Froelicher is professor & chair, physiological nursing.

Christine Miaskowski: Elected to the American Pain Society Board of Directors; appointed to the editorial review board of *Cancer Nursing;* and appointed as the American Nursing Association representative to the Agency for Health Care Policy & Research work group to develop methods for deriving medical review criteria, standards of care and performance measures from clinical practice guidelines. Miaskowski is associate professor, physiological nursing.

James L. Sorensen: Received the 1992 Outstanding Contribution Award from the California Associations of County Drug & Alcohol Program Administrators for his contributions to the research and evaluation of drug abuse. Sorensen is professor, psychiatry; chief, SFGH Substances Abuse Services.

Long Teaching Awards Presented

The School of Pharmacy classes of 1994 & 1995 have presented the Joseph M. Long outstanding teacher and outstanding teaching assistant awards for 1992.

The winners of the Class of 1995 awards were Irwin D. "Tack" Kuntz, Jr., acting chair, pharmaceutical chemistry, who was acknowledged for being an "approachable, friendly and helpful instructor who attempts to make his lectures as interesting as possible." James Uchizono received the teaching assistant award for being "a happy guy who enjoys working with other people."

The Class of 1994 chose Bradford W. Gibson, associate professor, pharmaceutical chemistry, as an outstanding teacher for "his extensive preparation for class and his ability to lead comprehensive class discussion." Carol S. Lim received the teaching assistant award for "her overall enthusiasm and her ability to motivate students."

Pharmacy Project Gets a "Freddie"

The School of Pharmacy has received a 1992 "Freddie" at the Academy of Medical Films' International Health and Medical Film Festival for the "Best in Category" (therapeutics). The award-winning show, *G-CSF & Other Colony Stimulating Factors,* was the first in a four-part TV series sponsored by Amgen.

Program producer and host Linda Bernstein, who is associate clinical professor, clinical pharmacy, and senior pharmacist, pharmaceutical services, accepted the award on behalf of the School. Eric T. Herfindal, chair, clinical pharmacy, and director, pharmaceutical services, was co-executive producer of the show.

UCSF *Newsbreak*

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UCSF in Collaborative Research to Find Cause of Rare Disease

A little more than three years ago, Wendy Knox of Montana woke up with puffy fingers. From that day on, she has suffered from not only that condition, but hard, dry skin which now covers much of both of her arms as well as part of her neck and face. She has scleroderma — one of the most poorly understood and villainous diseases known to medicine.

There is no cure for scleroderma, nor do physicians know its cause. Even though public recognition of the disease does not equal that of multiple sclerosis or cystic fibrosis, the incidence of the disease is just as great — attacking hundreds of thousands of Americans, 80 percent of them women of childbearing age.

Physicians and researchers know how thick the skin can get with this disease, the progression it can take, including how it can affect internal organs. But, as Kari Connolly concedes, "We don't know much else." Connolly and David Wofsy are VAMC researchers who are co-investigators from UCSF in a newly established Scleroderma Research Center.

The new center is a collaborative effort between UCSF, Stanford and Genentech and is made possible by a $250,000 gift from the Scleroderma Research Foundation. It is a center without walls; one which will tap into the human and technical resources of two medical institutions and one biotechnology firm with the hope of uncovering scleroderma's secrets.

Connolly explains that there are different types of scleroderma. On one end of the spectrum is local scleroderma. These patients essentially can live normal lives with no more than an uncomfortable small patch of hard, dry skin on an arm or leg.

On the other end of the scleroderma spectrum is what physicians now call "diffuse systemic sclerosis," which carries a mortality rate of 50 percent after five years of developing the disease. "This is wide spread fibrosis," explains Connolly. "It usually attacks the arms and hands, so much so that the hands become almost claw-like. Patients have difficulty writing, eating, dressing — anything that you normally do with your hands."

Kari Connolly (center), who also is an attending in dermatology and rheumatology, examines the hard, dry skin on the hands of Wendy Knox. With them is fourth-year medical student Patrick Whelan, who, with a PhD in immunology, also has an intense interest in scleroderma, a disease with no cure, no treatment, and no known cause.

The systemic disorder also can affect organs within the body. For example, the GI tract can thicken, causing eating problems, diarrhea, constipation and malnourishment. It also can affect the kidneys, leading to renal crisis and renal failure, and can cause serious lung complications.

The researchers agree that this new center represents a novel approach to funding research, and that their studies could have an impact on a range of autoimmune diseases from lupus and AIDS to rheumatoid arthritis. "On a practical level, I can share things that I know, such as the work David Wofsy and I have done over the years on lupus and see if it applies to scleroderma," Connolly says. "We can share patients with other outside researchers, and we will have greater access to well-studied people, better resources. It is like being part of a cohesive, unified, moving picture rather than living on an isolated island. I feel it's the way research should be."

Blood Vessels in Breast Cancer Tissue Help Predict Which Cancers May Recur

Breast cancer patients whose tumors are less riddled with microscopic blood vessels at the time of diagnosis have less chance of suffering a recurrence following surgery and are more likely to survive, according to UCSF surgical pathologist Noel Weidner.

"It is relatively easy to determine blood-vessel density in tumors, and we can use this test to help predict which cancers are likely to behave aggressively and recur," he says. Weidner was leader of a team that reported the findings in the December 16 issue of the *Journal of the National Cancer Institute*.

In a study of 165 women, cancer returned after surgery in patients whose breast tumors had high numbers of blood vessels, regardless of whether the tumors had spread to lymph nodes under the armpit at the time of diagnosis.

However, the new measurement, if widely used, may most affect treatment decisions for women whose tumors show no evidence of having spread to lymph nodes, Weidner says. These node-negative women will account for roughly half the estimated 180,000 women expected to be diagnosed with breast cancer this year.

Physicians are divided over whether treatment of node-negative women is appropriate to prevent the recurrence of cancer after a breast tumor is removed by surgery or destroyed by a combination of surgery and radiation therapy.

An estimated 46,000 women will die from breast cancer this year, despite available treatments. Determining blood-vessel density, independently of lymph node status, should help clinicians estimate the likelihood that breast cancer will return after surgery, Weidner says.

Microvessels show up as brown clusters, which stand out sharply from other tissues.

"And . . . Viewers Like You"

You're invited to participate in a "UCSF night" during KQED TV's upcoming pledge drive. Campus representatives will be answering the Channel 9 telephones on Thursday, March 18, from 7 p.m. to midnight. The station will treat you to a free dinner right before you go on the air. If you would like to be part of this event, sponsored by the SAC (Chancellor's Staff Advisory Committee), call Ethel Adams at 476-8310.

Long Foundation Awards $50,000 to School of Pharmacy

The J.M. Long Foundation has awarded $50,000 to the School of Pharmacy to adopt principles developed in hospital practice for use in community pharmacies, where most consumers receive pharmaceutical care.

With the grant, the School will increase its research and development focus on community (retail) pharmacy management and practice issues. A forum will be established to study and develop health policy and regulations to promote the delivery of optimal pharmaceutical care by community pharmacists. A major goal is to identify the knowledge and skills needed to incorporate counseling into pharmaceutical care in a way that will have the most positive therapeutic effect.

Longs Drug Stores and the campus will be working cooperatively to test models of pharmaceutical care developed in Longs' pharmacies.

J. M. Long, co-founder of Longs Drug Stores, created the Long Foundation in 1966. His name is not new to this campus. Long Hospital is named after this former member of the UCSF Board of Overseers, who donated three-and-a-quarter million dollars for the hospital's construction and Moffitt modernization. He was interested in furthering pharmacy education, especially in the community practice setting. The study is part of a $200,000 grant to promote such education. Long died in December 1990.

Chancellor's Award for Public Service

Chancellor Krevans is requesting nominations from the campus community for the 1993 Chancellor's Award for Public Service, which recognizes those faculty, students and staff who have performed "extraordinary community service."

Three awards are made each year, two of which may be designated as the "Thomas N. Burbridge" or the "Edison Uno" Public Service Awards. Candidates for all the awards should demonstrate outstanding pubic service beyond the scope of their normal job duties or student requirements.

Nominations must be returned to: The Chancellor's Award for Public Service Committee, c/o Public Service Programs & Communications Services, Box 0462, by Friday, February 19. The Chancellor's Office last week sent nomination forms listing specific criteria to the entire campus community. If you have not received one, call Lucie Faulknor at 476-8333.

The awards will be presented at a Founders Day luncheon on Tuesday, May 18.

Asian Awareness Design Contest

APASA (Asian Pacific American Systemwide Alliance) is sponsoring a design contest to help celebrate this year's Asian Awareness Week, May 10-14. The chosen designer, who does not need to be from UCSF, will receive $200. The winning design will be used on flyers, etc. to publicize the week as well as on APASA's annual T-shirt.

Deadline for entering the contest is Monday, February 15. For further information call Stephanie Low at 476-4287.

If you are interested in helping to plan Asian Awareness Week, call Stella Kiyota at 476-4574 or Miles Hamada at 476-4815, or plan to attend one of the organization's meetings held the first Tuesday of each month at noon in the Koret Vision building, Rm. 302. APASA is open to all members of the campus community.

Luchich is First Goyan Award Winner

Second-year pharmacy student Jeanne Lucich is the first recipient of the Frank M. Goyan Endowment Award. The endowment was created by Richard and Paula Johnson and Lawrence and Elizabeth Fischer to stimulate interest in physical chemistry/physical pharmacy. Both Richard Johnson and Lawrence Fischer are alumni (PhD in Pharmaceutical Chemistry '65), as is Paula Johnson (Dental Hygiene '65).

Luchich received the award for her superior academic performance in physical chemistry/physical pharmacy as well as for her "deep interest in learning, a willingness to question, and an enthusiasm for new challenges."

The endowment was created in memory of Frank Goyan (former Dean Jere Goyan's father was Frank's cousin.) Known affectionately as "Uncle Frank," this chemistry professor, who died in 1981, was with the School for some 44 years. Known as a man who opened his heart, home and pocketbook, Frank — as acting dean of students for the entire campus — would regularly give his secretary single blank personal checks to take care of students in need of emergency loans.

Jeanne Lucich

It is planned that as the endowment grows, a second annual award will be given to a graduate student in the same field.

Stress, Health & Immune Study

If you are between the ages of 30 and 45 years old, a non smoker, native English speaker, and employed full-time, you may be eligible to participate in a UCSF four-month study on stress, health and the immune system. Participants will be reimbursed $100. For further information call the UCSF Stress & Health Project at 476-7421.

Today/Tomorrow

30 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

WOMEN'S RESOURCE CENTER WORKSHOP: *Body Pride: Learning to Love the Body You Have.* Diane Neighbor, dance tharapist & counselor for compulsive eaters, discusses how to listen to your body's signals, to understand your female body inheritance and to develop positive images for modern womanhood. $40-$60. C 130. 10 a.m.-5 p.m. Call 476-5222 to pre-register.*

VOIDING CENTER OPEN HOUSE

The UCSF/Mount Zion Diagnostic Voiding Center invites everyone to tour their new neurourodynamics system, which uses computer technolgies to combine urodynamic & neurophysiological studies, electromyography, X-ray analysis & more. Rm. A3-17, MZ. 12:30-3 p.m. Preceded by seminar: *Urodynamics: Diagnostic Procedure & Interpretation.* Call Sandra Haskell at 885-7240 to see if space is still available.*

1 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) & phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes & costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Feb. 23-26: UCSF Laurel Heights, 3333 California St. in parking lot on left.
- Mar. 5: On Parnassus at Medical Cntr. Way.
- Apr. 1: UCSF Daly City, 333 Gellert Blvd.
- Apr. 2: On Parnassus at Medical Cntr. Way.

A mammogram also is available at the Mount Zion radiology department for $50. Call 885-7710.

CANCER REGISTRY TRAINING PROGRAM

A short intensive overview (Feb. 1-12) of hospital registry operations, central registries & other types of cancer patient data systems. Call Cancer Patient Data Program at 476-2331 for more information.

OTOLARYNGOLOGY GRAND ROUNDS: *Prosthetic Rehabilitation After Cancer Surgery.* Arun Sharma, Rest. Dent. *Endoscopes in Otology & Neurotology.* Kevin McKinnon, Oto. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A47, VAMC. 9:30 a.m.

JOINT ORTHOPAEDIC SUGERY/PROGRAM IN BIOLOGICAL SCIENCES: *Molecular Mechanism of Bone Resorption.* Roland Baron, Orth. & Cell Bio., Yale. Toland Hall. 10 a.m.

BRAIN TUMOR RESEARCH CENTER SEMINAR: *Alzheimer's Disease & Amyloid Precursor Protein.* Sukanto Sinha, Athena Neurosci., South SF. S 214. Noon-1 p.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

HUMAN GENETICS SEMINAR: *The Genetic Study of Human Breast Cancer.* Mary-Claire King, UCB. First Monday of each month. HSW 300. 3:30-4:45 p.m.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY: *TGF-Beta: Role in Regulation of Mycoyte Function.* Anita Roberts, Lab. Chemoprev., NIH, NCI. S 1364. 4-5 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Genetic Determinants of Salt-Sensitive Hypertension.* Beth St. Lezin, Lab. Med. L 535. 4-4:50 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

URO-ONCOLOGY CONFERENCE. M 464. 5-6 p.m.

LIVING WITH STRESS

Health Net & Millberry Fitness Cntr. offer this workshop to help you improve your health by learning to cope with stress. Free to UCSF Health Net members. MU Conf. Cntr. 6-9 p.m. Call 476-1115.*

2 Tuesday

PLASTIC SURGERY GRAND ROUNDS: Problem Cases. Davies Med. Cntr. 7-8 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

COMBINED ORTHODONTIC/ORTHOGNATHIC SURGERY CONFERENCE: *Computer-Assisted Treatment Planning for Orthognathic Surgery.* Paul George & Craig Yamamoto, Oral & Max. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-9:30 a.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 9 a.m.-noon. Call 476-1196.*

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

MEDICAL ANTHROPOLOGY SEMINAR IN SOCIAL GERONTOLOGY LECTURE SERIES: *The Oldest Old: Autonomy in the Face of Frailty.* Gay Becker Med. Anth., Soc. & Behav. Sci. & Inst. Hlth. & Aging. Rm. 218, Laguna Honda Schl. Noon-1:30 p.m.

CURRENT ISSUES IN AGING LECTURE SERIES: *Behavior Management.* Carole Deitrich, Physio. Nurs. LPPI Aud. 12:10-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

MEDICAL ANTHROPOLOGY SEMINAR: *Abortion in Egypt.* Sandra Lane, Med. Anth. Rm. 218, Laguna Honda Schl. 3:30-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY RESEARCH SEMINAR: *Heat Shock Genes as Markers of Neural Injury.* Frank Sharp, Neuro. S 664. 5-6 p.m.

3 Wednesday

SPINE CONFERENCE ROUNDS. HSE 317. 7-8:30 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE: *Anesthesia for Cutaneous Surgery.* John Giesse, Derm. HSW 301. 8-9 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Journal Review: Surgical vs. Medical Therapy.* Stanley C. Hui, Gastroent. S 214. 8-9 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Medical Facts & Government Actions.* Brian Pinkowski, EPA, Denver. A 455. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Parathyroid Function & Renal Osteodystrophy.* Gino Segre, Med., Harvard. M 1486. 8:30 a.m.

NUCLEAR MEDICINE SEMINAR: *The Role of PET in the Evaluation of Patients with Partial Complex Seizures.* George Segall, Nuc. Med., VAMC, Palo Alto. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Hepatitis: Update on Diagnosis & Treatment.* Teresa L. Wright, Med. S 214. 9-10 a.m.

FACULTY WIVES & ASSOCIATES LUNCHEON/MEETING: *Preparing for the Second Half of Life.* Sadja Greenwood, Ob/Gyn & RS. $15. Fac. Alum. House. 11 a.m.-2 p.m. Call Judy Rosenau at 342-9188.

BROWN BAG LECTURE SERIES: *Hair-Raising Myths & Truths.* Vera H. Price, Derm. & Hair Res. Cntr., discusses causes of hair loss & what to do about it. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

LANDBERG CENTER SELF-GUIDED STRESS MANAGEMENT SERIES: *Three Home Remedies for Stress.* N 527. Noon-1 p.m. Call Mary or Seraphim at 564-3515 for information.*

PSYCHIATRY GRAND ROUNDS: *Manic-Depressive Illness & the Arts.* Kay Redfield Jamison, Psychr., Johns Hopkins. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

TRANSFUSION RESEARCH FORUM: *Rapid PCR Sample Preparation Methods.* Lily Lin, HRI Research. L 535. 3-4 p.m.

SEMINAR IN BIOLOGY SERIES: *Regulation of Fibroblast Proliferation by Extracellular Matrix Organization, an* in vitro *Model of Wound Contraction.* Fred Grinnel, Cell Bio. & Neurosci., U Texas. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

OPERATIVE UROLOGY CONFERENCE: *Transplantation Complications & Transplant AUA Questions.* Peter Bretan, Transplant Serv. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: *Muscle Biopsies.* Stephen DeArmond, Path. HSW 508. 5:30-6:30 p.m.

AVOIDING SEXUAL ASSAULT

Sexual Assault: Awareness & Prevention for Women & Men. Tamera White, Rape Prev. Educ. Prog., presents a video followed by discussion & demonstration. Sponsored by Rape Prev. Educ. Prog. Woods Bldg., 100 Medical Cntr. Way. 6-7:30 p.m. Call 476-5223 to pre-register.*

4 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Use of Didanosine (ddI) & HIV Infection.* James O. Kahn, Med. & AIDS Prog., SFGH. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *The Uses & Abuses of Human Growth Hormone Therapy.* Selna Kaplan, Ped. S 664. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: Residents' Day. C 701. 8:30 a.m.-3:30 p.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Thyroid Disease.* Peter Yeo, Clin. Med. A 455. 10 a.m-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

BIOTECHNOLOGY IN SOCIETY LECTURE SERIES: *Plants, Power & Profits: Social, Economic & Ethical Consequences of the New Agricultural Biotechnologies.* Lawrence Busch, Socio., Michigan State. HSW 301. Noon-1 p.m.

ORAL BIOLOGY 220 SEMINAR SERIES: *Modulation of Skeletal Formation in the Sea Urchin.* Steve Benson, Bio. Sci., Cal State Hayward. S 664. Noon.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY: *Signal Transduction Pathways Controlled by rho-Like Small GTPases.* Alan Hall, Inst. Cancer Res., Royal Cancer Hosp., London. S 1364. 4-5 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

NEUROSCIENCE SEMINAR: *Initial Tract Formation in the Vertebrate CNS.* Steve Easter, Bio., U Michigan. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Common Outpatient Infectious Diseases — Case Presentations & Discussions.* Richard Jacobs, Med., Infec. Dis. & Subspec. Clin. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Pediatric Vascular International Procedures.* Ina L.D. Tonkin, Rad. & Ped., U Tennessee. HSW 303. 5:15-6:15 p.m.

ARTS & PERFORMANCES' COLE HALL CINEMA: See Black Heritage Month events this page.*

5 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. C 417. 7-8 a.m.

SURGERY RESIDENT RESEARCH DAY

Surgery residents present their research findings during the Sixth Annual Surgery Resident Research Day. Features Stephen F. Lowry, Surg., New York Hosp./Cornell as the J. Englebert Dunphy Visiting Professor. Toland Hall. 8 a.m.-5 p.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. LPPI Aud. 9:30-11 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Catalytic Antibodies.* Stephen Benkovic, Chem., Penn. State. HSW 302. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Do You Have What It Takes to Be Intimate?* Daniel Linder, author. N 721. Noon. Call 564-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE: *Molecular Genetics of Human Hypertension.* Pierre Corvol, Med., College de France, Paris. Rm 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES' COLE HALL CINEMA: See Black Heritage Month events this page.*

6 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS. HSW 300. 8 a.m.

UROLOGY GRAND ROUNDS: *Renal Transplantation Update: Perioperative Urologic Considerations.* Peter Bretan, Transplant Serv. HSW 302. 8:30-11 a.m. Preceded by case presentations.

BLACK HERITAGE MONTH CELEBRATION

UCSF celebrates Black Heritage Month with the theme "Each One Teach One: Striving for a Better Tomorrow One Life at a Time." The following is a list of programs and activities taking place through the next two weeks. Events are sponsored by the Black Caucus unless otherwise noted.

- Mon., Feb. 1: Black Vendors Fair. Bay Area black small business owners & their wares are the focus of the event featuring African American literature, Afrocentric/contemporary clothing, jewelry, art, cosmetics & much more. Millberry Conf. Cntr. 9 a.m-5 p.m.*
- Wed., Feb. 3: Black Vendors Fair. Same as above except location. Rm. 125, MCB. 9 a.m-5 p.m.*
- Thurs., Feb. 4: *The Political Legacy of Malcolm X.* Oba T'Shaka, author & African American Studies, SFSU, delivers the celebration's keynote address. Toland Hall. Noon-1 p.m.*
- Thurs., Feb. 4 & Fri., Feb. 5. *Sarafina.* Sponsored by Arts & Peformances. Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. Thurs. at 5:45 & 8 p.m. & Fri. at 6:30 & 8:45 p.m. Call 476-2542.*
- Tues., Feb. 9: Black Heritage Month Poetry Reading. Features UCSF staff, faculty & students reading poetry focusing on the African American experience at UCSF or in society at large. Toland Hall. Noon-2 p.m*
- Thurs., Feb. 11: *The Quest for Good Hair.* Lonnice Brittenum Bonner, writer & "hair outlaw," discusses the love-hate relationships Black women have with their hair & some of the dreadful hair trends that masquerade as acceptable. Preceded by video: *Hairpiece: A Film for Nappy-Headed People.* Sponsored by the Women's Resource Cntr. Toland Hall. 12:05-1 p.m.*
- Thurs., Feb. 11 & Fri., Feb. 12. *Zebrahead.* Same information as *Sarafina.**

Jan. 30-Feb. 12, 1993

WORKING ON THE "ISMS"

Diane Goldstein, psychotherapist, focuses on practical methods of interrupting racism, sexism, homophobia, anti-Semitism, etc., in the workplace & in everday life. Sponsored by Women's Resource Cntr. $50. C 130. 10 a.m.-2 p.m. Call 476-5222 to pre-register.*

LOW VISION FORUM: James Tulsky, Med. & R.W. Johnson Clinical scholar, explores the field of medical ethics. Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313.*

8 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Television for the Otolaryngologist.* Nancy Snyderman, Oto. *Case Presentations from Moffitt/Long Hospital.* Mark Zeme, Oto. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A47, VAMC. 9:30 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

SCHOOL OF MEDICINE DEAN'S RESEARCH SEMINAR: *HTLV-1 & the Adult T Cell Leukemia: Taking Molecular Biology to the Bedside.* Warner Greene, Gladstone; Thomas Waldmann, Met. Branch, NCI. HSW 300. 3:30-5 p.m.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY: *Developmental Regulation of the Skeletal Muscle Myogenic Regulatory Genes.* Charles Emerson, Inst. Cancer Res., Fox Chase Cancer Cntr. S 1364. 4-5 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

9 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Lip & Ear Reconstruction.* Brent Moelleken, Plast. Surg. Rm. 200 1A-122, VAMC. 7-8 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Head & Neck Malignancy: Epidemiology & Presentation.* Sol Silverman, Stom. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Physician-Patient Sexual Contact: Prevelance & Problems.* Nancy Milliken, Ob /Gyn. S 1364. 9-10 a.m.

MOUNT ZION VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available at UCSF/Mount Zion. Herbst Hall. 9-11:30 a.m. Call 885-7353 to reserve a space.*

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

HITCHCOCK LECTURE

LINE-1: A Human Transposable Element. Maxine Singer, Carnegie Institution. HSW 300. Noon.

MEDICAL ANTHROPOLOGY SEMINAR IN SOCIAL GERONTOLOGY LECTURE SERIES: *The Epidemiological Aspects of Alzheimer's Disease.* Deborah Moritz, Epid. & Biostat. Rm. 218, Laguna Honda Schl. Noon-1:30 p.m.

CURRENT ISSUES IN AGING LECTURE SERIES: *Dental Care of the Alzheimer's Patient.* Lewis Long, Dent. Publ. Hlth & Hygiene. LPPI Aud. 12:10-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Epidemiology of Malignant Glioma.* Margaret Wrensch, Epid. & Biostat. 427 MU West. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Pathophysiology of Cerebrovascular Disease: Implications for Management.* Ray Swanson, Neuro. S 664. 5-6 p.m.

UROLOGY COMPUTER SEMINAR: *Literature Management:* Endnote *vs.* Filemaker. Norbert F. Kaula, Uro. M 464. 5-6 p.m.

WILDERART GATHERING

The third WilderArt Gathering includes poets, photographers, musicians, dancers & others sharing their expressions of their experiences in nature & the wilderness. Millberry Conf. Cntr. 6-7:30 p.m. Call 476-0417.*

JIM BAILEY'S FEVER

Jim Bailey, internationally acclaimed illusionist, performs his Peggy Lee in a benefit for the UCSF AIDS Health Project. Plush Rm., York Hotel, 940 Sutter. Call 885-2800 for tickets, 476-6430 for more information.*

DINNER A LA HEART

Mount Zion Institute on Aging hosts its 10th Gala Dinner a la Heart fundraiser. Dine at one of more than 70 restaurants throughout the Bay Area for $40, $60, $80 or $100 per person. Call 750-4117.*

10 Wednesday

SPINE CONFERENCE ROUNDS. HSE 317. 7-8:30 a.m.

SURGERY GRAND ROUNDS: *Scarless Fetal Tissue Repair.* N. Scott Adzick, Surg. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE: *Moles in Children.* Mary Williams, Derm. HSW 301. 8-9 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Mechanisms of Pain in Chronic Pancreatitis.* Marta Davila, Gastroent. S 214. 8-9 a.m.

GRAND ROUNDS IN MEDICAL EDUCATION: *Medical School Curriculum Reform: Old Wine in New Wine Skins?* Donald Ganem, Microbio., Imm. & Med. C 130. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Regulation of Basal Glucose Metabolism in Humans.* Hans Sauerwein, Clin. Nutr., Endo. & Int. Med., U Amsterdam. M 1486. 8:30 a.m.

NUCLEAR MEDICINE SEMINAR: *WP-W Syndrome Challenge of Pathway Localization.* Melvin Scheinman, Med. & Cardio. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Irritable Bowel Syndrome — Functional, Organic or What?* Douglas Drossman, Gastroent. & Psychr., U North Carolina. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Video Production & Medicine.* Thomas G. Sampson, Orth. Surg., looks at using new video technology in orthopaedic surgery. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HARDGROVE LECTURE

Helping Parents Ease Their Children's Transition to School. Carolyn Pape Cowan, Psych., Becoming a Family Proj. & Schoolchildren & Their Families Proj., UCB, delivers the Fourth Carol B. Hardgrove Lecture on Child Day Care. Sponsored by Fam. Hlth. Care Nurs. N 729. Noon-1 p.m.

LANDBERG CENTER SELF-GUIDED STRESS MANAGEMENT SERIES: *Putting Stress to Sleep: Music & Machines.* N 527. Noon-1 p.m. Call Mary or Seraphim at 564-3515 for information.*

SCHOOL OF NURSING PRIMARY HEALTH CARE LECTURE SERIES: *Income as a Risk Factor.* Martha Nelson, Mental Hlth., Comm. & Admin. Nurs. N 517. Noon-1 p.m.

PSYCHIATRY GRAND ROUNDS: *Diagnosis & Treatment of Organic Aggressive Syndrome.* Robert E. Hales, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

TRANSFUSION RESEARCH FORUM: *HIV Neutralization Antibodies.* Carl Hanson, CA State Dept. Hlth. Serv. L 535. 3-4 p.m.

SEMINAR IN BIOLOGY SERIES: *Molecules & Mechanisms in Neuro-Extracellular Matrix Interactions.* Arthur Lander, Brain & Cogn. Sci., MIT. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PEDIATRIC UROLOGY CONFERENCE: *Sex Determination & Differentiation.* Felix Conte, Ped. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: *Liver Pathology.* Linda Ferrell, Path. HSW 508. 5:30-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS PRESENTATION: *Infant & Child Emergency Care.* Learn about signs of illness, exposure to disease, accidents, child-proofing & more. $5 per individual/couple. A 326. 6:30-9 p.m. Call 476-6667.*

GUYS & DOLLS BENEFIT

Opening night festivities for Tony Award-winning musical *Guys & Dolls* benefit the Infant-Parent Program at SFGH. Golden Gate Theatre. 8 p.m. Call 476-7082 about benefit tickets. (See story on page 1.)*

*Open to the public.

ONGOING SUPPORT GROUPS

MONDAY

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. 3rd fl. Conf. Rm., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-6445.*

ALZHEIMER'S SUPPORT GROUP: For caregivers, family & friends of people with Alzheimer's or other dementing illnesses. First Monday of each month. Ground Fl. Conf. Rm., Alzheimer's Clin., 1350 7th Ave. 7-9 p.m. Call (800) 942-1333.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 27, MZ. 7-9 p.m. Call 885-1720.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. 3rd fl. Conf. Rm. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.

THURSDAY

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

OVEREATERS ANONYMOUS MEETING. 3rd fl. Conf. Rm., MCB. 12:05 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on alternate Fridays. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call 586-8600.

11 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Cholesterol & Health: The Rest of the Story.* Thomas B. Newman, Ped. & Epid. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *HEDS Trial: Results of Randomized Studies of Herpetic Eye Disease.* Alexander Irvine, Oph. S 214. 8:30-10 a.m. Preceded by case presentations: *Plastics.*

PEDIATRIC GRAND ROUNDS: *Cancer Genes & Vitamins.* Richard Lemons, Ped. Hem/Onc, Prim. Children's Med. Cntr., Salt Lake City. S 664. 8:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Pathogenic Assessment & Management of Diabetes Type I & Type II.* Martha Nolte, Med. & MRU. A 455. 10 a.m-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

BIOTECHNOLOGY IN SOCIETY LECTURE SERIES: *Genetic Testing, the Social Milieu & the Leap from Genes to Behavior.* Troy Duster, Socio., UCB. HSW 301. Noon-1 p.m.

ORAL BIOLOGY 220 SEMINAR SERIES: *The Sequence of Connective Tissue Destruction in Inflammation.* Ted Harris, Med., Stanford. S 664. Noon.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR: *The Drosophila Genome Project.* Gerald M. Rubin, Gen. & HHMI, UCB. HSW 300. 4 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Pneumocystis Carinii.* Steve O'Brien, Prim. Care. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

ARTS & PERFORMANCES' COLE HALL CINEMA: See Black Heritage Month events, page 4.*

RUSSELL BENEFIT

The Rosalind Russell Medical Research Center for Arthritis invites everyone to a benefit featuring Dorothea Walker's illustrated presentation, *A Gossipy Memo on Interior Decorating,* and a dinner concert by Weslia Whitfield. $135 per person with open bar & dinner. The Family Club, 545 Powell at Bush. 6:30 p.m. Call 476-1141 for reservations.*

UROLOGY JOURNAL CLUB. 1432 Lake St., SF. 6:30 p.m. Call 221-9217.

12 Friday

VALENTINE'S DAY SALE

Candy, stuffed animals & other gifts for your sweetie on sale. Millberry Conf. Cntr. 8 a.m.-5 p.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. LPPI Aud. 9:30-11 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Structure & Function of P450BM-3 & P450terp & Their Relationship to the P450 Supergene Family of Proteins.* Julian A. Peterson, Biochem., U Texas. HSW 302. 11 a.m.

IS FLEXTIME FOR YOU?

Flextime/Telecommuting — Can It Work for You? UCSF Council sponsors this panel discussion exploring workplace scheduling options at UCSF. Toland Hall. Noon-1:30 p.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *The Process of Change.* Psychotherapist Ilene Cummings discusses the spiritual/psychological nature of change. N 721. Noon. Call 564-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE: *The Cellular Receptor for a Chicken Retrovirus Is a Member of the LDL Receptor Family.* John Young, Gladstone, Microbio. & Imm. Rm 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES' COLE HALL CINEMA: See Black Heritage Month events, page 4.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Pre-Supervisory Training. Tues. & Thurs., Feb. 9, 11, 16, 18. 9 a.m.-noon. $90.

Problem Solving for MSOs. Tues., Feb. 9, 16, 23, Mar. 2, 9, 16, 23, Apr. 6. 1-3 p.m. $150.

General Ledger & Accounting. Wed., Feb. 10. 9 a.m.-4:30 p.m. $50.

Travel Expense Processing. Wed., Feb. 10. 1:30-4:30 p.m. $40.

Coping with Difficult People. Fri., Feb. 12. 8:30 a.m.-4:30 p.m. $75

Post-Award Management of Extramural Funds. Mon., Feb. 22. 9 a.m.-4:30 p.m. $60.

Stress Management Overview. Tues., Feb. 23. 8:30 a.m.-noon. $50.

THE NEXT DEADLINE

Tues., Feb. 2, 1993 is the deadline for items to be listed in the next calendar, which covers **Feb. 13-26, 1993 (two weeks).** They must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668, or bring it to S 20.

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New Utilities Plant Planned for Campus

UCSF plans to build a new Central Utilities Plant to replace its outdated power plant at Parnassus to provide greater emergency power and state-of-the-art equipment to meet new air quality standards.

Plans for the new Central Utilities Plant are outlined in an Initial Study recently completed as the first step in the preparation of an Environmental Impact Report on the project. A draft EIR is scheduled for completion in April with public hearings planned for May.

Construction of the new plant is the first step in a comprehensive plan to replace UCSF's aging infrastructure and utility systems. Work on the plant would begin in January 1994 with completion scheduled for October 1996.

The new facility has become vital to the campus as maintenance and repair costs for the existing power plant have increased. Boilers in the plant have been in use for about 40 years and steam turbine generators for about 50 years. Replacement parts for the outdated equipment have become difficult to find — often requiring special fabrication.

Without the new facility, the existing plant would require significant and costly upgrading in order to meet California building code requirements and to comply with new Bay Area Air Quality Management District emission standards set to go into effect in 1996.

The new facility would be located behind the Medical Center on the site of the former Laundry Storehouse building, which would be demolished. The existing power plant, located next to the laundry building, also would be demolished as the final step in the project. Demolition and construction would result in a net reduction of about 14,450 square feet of space on our congested campus.

The proposed facility would have three floors with an overall building height of 60 feet. A future cooling tower on the roof would rise another 20 feet. The building would not be visible from Parnassus.

Currently, UCSF purchases natural gas to create steam for heating and buys electricity from PG&E. The new plant would allow the University to buy far less electric power by using natural gas to generate both steam and electricity in a process called "co-generation."

"The money saved by buying less electricity will pay for the new plant," says Glenn Claycomb, Facilities Management project manager. The total budget for the facility is estimated at $51 million. It is expected that the plant will be financed over 30 years.

Second Phase of Fire Protection Water System to Begin Mid-February

The second phase of a three-year project to install a new fire protection water supply system for the campus will begin in mid-February, according to project manager Glenn Claycomb of Facilities Management.

During the first phase, a new water pipe was installed from the Woods Building behind the hospital loading dock, across Saunders Court and through the Health Sciences and Medical Sciences buildings.

During the second phase, the main pipe will be extended from the southwest corner of Saunders Court near the Nursing building, through the parking lot behind the Laboratory of Radiobiology & Environmental Health, to the west end of the Vision Research and UC hospital buildings. Access to some parking spaces will be limited during this phase, which will last through March.

The second phase also includes piping to be installed in ceilings in most of the corridors of HSE, HSW, and the Medical Sciences and Clinical Sciences buildings. "Unfortunately, many ceilings are so crowded that the new pipe won't fit, so we'll have to install the pipe above offices and labs," says Claycomb. But when completed, this will bring dedicated fire protection water to the sprinklers in these areas.

An installation schedule has been sent to all MSOs in these buildings. Informational meetings have been scheduled at 1 p.m. on the following days to present drawings showing the pipe routes and to describe possible disruptions: Tues., Feb. 16, in Toland Hall; Mon., Mar. 15, in N 729; and Mon., Apr. 5, and Mon., Apr. 26, both in S 758.

Distinction in Teaching Awards

Students and faculty are invited to submit nominations for the UCSF Academic Senate Distinction in Teaching Awards. Nominees will be judged on material taught and its relevance to students, versatility in teaching, organization of materials and the use of teaching aids, degree to which students are stimulated, and outstanding mentorship of underrepresented students and junior faculty.

A list of eligible candidates has been sent to the ASUCSF, GSA, each of the student affairs offices and to department chairs. All nomination letters should be sent to the nominee's department chair no later than Monday, March 1.

Awards will be presented at the Academic Senate divisional meeting on Wednesday, June 9. For further information call Brenda Choy at 476-4245.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of December 31, 1992). The newly reported "annualized yield" reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Factors	Annual Rate	Annualized Yield
Savings	.0062	7.35%	7.51%
Money Mkt	.0030	3.49%	3.50%
ICCF	.0071	8.35%	8.57%

	Unit Value	1-Year Change	3-year Average Annual Yield
Bond	$54.73	8.8%	11.61%
Equity	$91.27	9.5%	11.76%
Multi-Asset	$13.29	8.2%	N/A

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Service Awards

The awards listed were presented within the last year.

Mary Jane Aikman, 15 years, pharmaceutical services.
Victor D. Buckner, 10 years, patient escort services.
Deborah A. Caulfield, 10 years, ob/gyn.
Glescy Casteneda, 15 years, clinical labs, SFGH.
Nancy Ann Chiesa, 15 years, Cardiovascular Research Institute.
Juliet J. Choo, 15 years, nuclear medicine, SFGH.
Sylvia W. Corpuz, 10 years, radiology/nuclear medicine.
Oria I. Cortti, 15 years, ob/gyn.
Florence B. Cristobal, 15 years, clinical labs, SFGH.
Nora Cuevas, 15 years, radiology.
Harry Dahlgren, 20 years, clinical labs, SFGH.
Kathleen Dykhuizen, 10 years, capital resources management.
Janet Feinberg, 10 years, nursing.
Thomas S. Fleming, Jr., 10 years, materiel management.
Laura Baker Galousin, 10 years, nursing.
John C. Hoenninger, 15 years, radiology.
A.T. Hornbeak, 10 years, clinical labs, SFGH.
Barbara J. Jones, 20 years, housing office.
Bridget Lawhon, 10 years, nursing.
Lawrence Maduakolam, 15 years, environmental services.
Panayiotis Menicou, 20 years, clinical labs, SFGH.
Crispin M. Montero, 10 years, environmental services.
Carmencita A. Palma: 10 years, accounting.
Jason Peng, 10 years, parking operations.
Isabelle Reynolds, 10 years, pediatrics.
John F. Robinson, 20 years, LPPI.
Paul M. Robinson, Jr., 15 years, environmental services, Mount Zion.
Julia M. Rojo, 15 years, home care, Mount Zion.
Nadia Ruimy, 10 years, surgery, Mount Zion.
Barbara G. Russell, 10 years, recovery room, Mount Zion.
Mark T. Russo, 10 years, Cardiovascular Research Institute.

Fun Zone

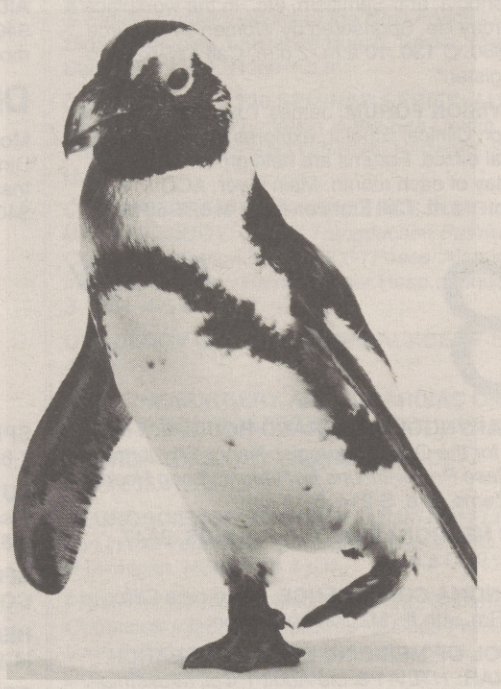
Free Penguins! Discounted Foccacia!

EMPACT! and the California Academy of Sciences have joined forces to offer a free evening at the Academy in Golden Gate Park to UCSF students, staff and their families on Wednesday, February 24, from 6 to 9 p.m. All exhibits in the Natural History Museum and Steinhart Aquarium will be open, in addition to hands-on activities for the kids. Free tickets are available at Millberry Central Desk and satellite ticket locations: SFGH, Mt. Zion and MCB. UCSF identification is required.

While there, why not take advantage of a box dinner by Drocco's. They are available for the discounted price of $6 if tickets are purchased *in advance* at EMPACT! ticket locations, and for $8 the day of the event. Two dinners will be available: either a grilled breast of chicken sandwich or a vegetarian sandwich, both served on foccacia bread with winter lettuces, plus a Calistoga. Call EMPACT! at 476-6932 for more information.

Also on the plate:

- **Ski Rentals, Ski Cabin Rentals & Ski Trips.** Get up to the mountains and enjoy all the snow while it's still there — don't wait until you're drinking it this summer! Make reservations at the Outdoors Unlimited Center. Call 476-2078 for more information.
- **Black Heritage Month Events.** If you're interested in anything from poetry to cool clothing, don't miss out on the month's fascinating events. See page 4 of the *Today & Tomorrow* calendar this issue.
- **Valentine Sales.** Surprise your sweetie with something special. Feb. 12. Millberry Conference Center. 8 a.m.-5 p.m.
- **Krazy for Kareoke Contest.** "Sappy Valentine Love Songs" is the theme of the campus' first Kareoke contest on Fri., Feb. 12. Don't be bashful. Come and croon for prizes, prizes, prizes! Call EMPACT! at 476-2675 for details and prize list.
- **SF Symphony Discount Tickets.** A Valentine's Day violin recital (with free tulips) on Sun., Feb. 14, and the St. Louis Symphony performing works by Prokofiev, Vaughn Williams and Davies on Tues., Feb. 16. Two chances to enjoy the new Davies Symphony Hall. Call EMPACT! at 476-2675, or 431-5400 and tell them you're interested in the UCSF EMPACT! discount.
- **Whale Watching on Monterey Bay.** Witness the grey whale migration at one of the best spots during the best time of the year.



This three- to four-hour naturalist-guided cruise on Sat., March 6, most likely will include sightings of the whales, sea otters, harbor seals, sea lions and maybe even a dolphin or two. Sign-ups begin at the Outdoors Unlimited Center on Mon., Feb. 15. Call 476-2078.

- **UCSF Orchestra.** The Winter Concert on Sun., March 7, at 4 p.m., features solo cellist Bonnie Hampton. Program includes Dvorak's *Cello Concerto in B minor, Op. 104* and Stravinsky's *Firebird Suite.* Admission is $7. Millberry Gym. Call 476-2542.
- **Arts & Performances Cole Hall Cinema.** Did you know that Arts & Performances has extended the UCSF employee discount to Friday nights, too? You can go either night for $3. Also, they've installed a new sound system in Cole Hall just for the movies, so go check it out. (See *Today & Tomorrow* calendar, pages 4 & 5.)
- **Bear Hugs.** Say "thank your" or "good job" through EMPACT's employee recognition program. Over 20 different gifts and certificates may be purchased or recharged through your department. For a free brochure, call 476-2675.

Informatics *(from page 8)*

but more than 10 years of experience. "We came to UCSF because people here were very receptive to the clinical advantages of our system and because we needed a new challenge." says Huang. It also helped that University Librarian Richard Lucier, Assistant Vice Chancellor for Academic Information Management and an enthusiastic proponent of library-based programs that exploit new applications of information technology, provided temporary space for Huang's group on the first floor of the library's new Center for Knowledge Management. (That space also houses some employees of the School of Pharmacy's Computer Graphics Lab and a biostatistical consulting service, part of the School of Medicine's Department of Epidemiology and Biostatistics. These three groups, along with the library's advanced systems group, form the core of a Campus Information Federation.)

Later this year, the group — officially entitled the Laboratory for Radiological Informatics (LRI) — will move into permanent space on the library's first floor, displacing some old books and journals in the process. Some of the books and journals will be moved to other areas of the library, says Lucier, and others sent to UC's Northern Regional Library Facility, where they will be available within 24 hours. "We are being very careful to move only little-used materials," adds Lucier, who considers the research, teaching and training components of the LRI a perfect complement to the library's 21st century mission.

Patients, of course, will be unaware of the long and complicated connections among computers, scanning devices and optical storage machines for the hundreds of thousands of diagnostic images taken each year. Nor will they know of the six LRI technicians, engineers and computer specialists who will maintain the system or the anticipated 15-20 new employees who will be researching and developing a second-generation picture archiving and communication system.

But for those who provide the patients' care, the new radiology workstations will offer an important edge. "In any critical care situation involving babies, it's important to have information about what's happening immediately," says Augusto Sola, who plans to have two fully operational display stations in place in the ICN by the end of the year. Scott Soiffer appreciates both the speed and the advantages it will give nurses at the bedside. "We also need X-ray results right away. And this system will give us that. But it also means that for the first time, nurses will be able to see X-rays, listen to the discussion about their meaning and ask questions. That should help them plan more effective treatments."

Not surprisingly, several of the most important machines Huang and his team brought from UCLA — a laser film digitizer and computed radiography systems — are used to digitize X-ray images, a precondition for their use in computers. The system's refinements and resolution are a further attraction. Images do not wobble on the 21-inch diameter screens. And users can alter the contrast of images or, in the case of CT and MRI, turn a knob and scroll through sequences of single images enlarged to fill the entire screen. The computer also can take measurements, important for determining the size and depth of tumors. Future plans call for adding ultrasound images to the system as well as images produced by PET or SPECT machines, plus training and research courses for students, fellows, postdocs and practicing physicians.

Adds Huang, "We view this as a 10-year project and a way to give UCSF the most advanced radiological information network possible."

Medsounds Continued

A N I M A L S . . . Spells Boredom Relief, Stress Release

A program at the Adult Clinical Research Center in which dogs visit patients is proving once again the old saw about the affection between humans and canines.

The center marked the program's one-year anniversary on January 19 with a birthday party for the dogs, cocker spaniels Thomas and Jefferson, who both turned two.

The center initially used the dogs as a way to relieve boredom for research subjects, who usually stay for up to two months. But in September the center started a nursing research study to determine whether pet visits would decrease the anxiety level of post-operative oral surgery patients.

"Many oral surgery patients have fairly high pain levels, and they get air hungry and anxious because they have their jaws wired closed after surgery," explains DeAnna Sheeley, head nurse at the center, which is located on 12 Moffitt.

Results so far show that 9 of 10 patients involved in the study experienced decreased anxiety after the dogs' visits, according to Sheeley.

The patients were given a test to measure their anxiety levels just prior to the dogs' visits and then a similar test immediately after. The mean difference in scores, on a scale of 20 to 80, was a 12.6-point reduction in anxiety after the visits.

The visits themselves last for only about 20 minutes. Since most patients are bedbound, the dogs may sit on blankets on top of the bed, or on a chair, or on the floor with the beds lowered so the patients can pet the dogs.

"It seems like the patients really relax," says Sheeley, "and they seem to have less pain during that time period. Just observing them, I get the sense that the visits are a welcome interlude in the post-op care. I think it is a very positive experience for them."

Thomas tries to share the enjoyment of a rawhide chew with research patient Robert Whaley of San Francisco.

Although other units provide pet visits to patients, the center's program is the only nursing research study involving pets at UCSF, says Sheeley. The study was designed by Lauren Greenbaum, a master's nursing student at San Francisco State University, in conjunction with Nancy Stotts, associate professor in the UCSF School of Nursing.

The dogs, who are brothers, are provided through the Institute of Animal-Assisted Therapy, an independent organization that also supplies animals to other Medical Center units. The dogs' owners, Rick and Lauren David, accompany the dogs on the visits.

Orthopedic Nurse Tamir Dilliard Is #1 in Bodybuilding Competition

Tamir Dillard brings the same discipline he has developed as a prize-winning body builder to his job as an orthopedic nurse and technician on the Mount Zion campus.

"The discipline I learn in body building I take with me out into the street everyday," says Dillard, who recently won the top title in the Amateur Athletic Union's western USA body building competition. The competition, which covers the entire West, was held at Hamilton Air Force Base in Novato.

Dillard, who stands six-foot-two and competes at 200-205 pounds, was judged first in his height class, beating out 14 other contestants, and first overall for all height categories.

Dillard's victory is particularly impressive considering that, at 41 years old, he was competing against men 7 to 15 years younger than he.

An amateur competitor for the past eight years, Dillard considers body building a second job. Off season, he trains four to five days a week at Weight City Gym near his South San Francisco home, and he works out every day when preparing for a competition.

Dillard's routine prior to competition consists of about an hour in the gym before work for aerobics and abdominal exercises, and up to three hours in the gym after work for weight lifting and more aerobics.

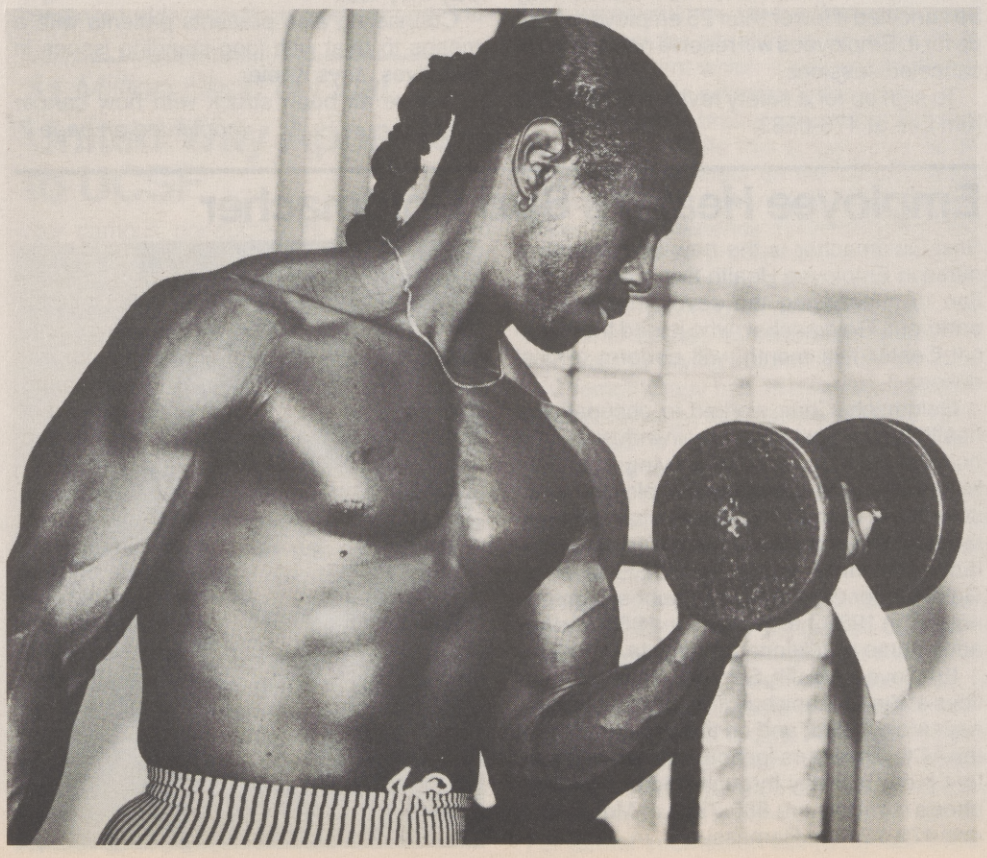
His diet seems even more strict. He restricts fat intake to about 10 percent of his calories, and prepares all his own meals to meet that goal. "I never eat junk food," he says, "except once a year after a competition."

In fact, Dillard excused himself from last year's family Thanksgiving gathering, which occurred two days before the AAU competition. "I stayed home so I wouldn't be tempted," he says.

Dillard has worked as an LVN on Mount Zion's 7 West since July 1991, and before that for four-and-a-half years as an LVN team leader at the skilled nursing facility at Mount Zion. He started orientation for the orthopedic tech job just after the competition.

"I have a lot more responsibility as a tech," Dillard says. "It's not only fascinating, but it's been a good learning experience. I've learned a lot about orthopedics working as a tech and a nurse. As a nurse, I see patients on the floor, and as a tech I work more closely with the surgeons.

"If something's worth doing," Dillard adds, "it's worth doing 100 percent. That's the attitude I put into my job."



Women's AIDS Clinic Reaching Out

Since its inception last July, the Women's Specialty Clinic of the UCSF AIDS Clinic has built a current caseload of 63 patients. But more women could use the service.

"We are reaching a large portion of the women in San Francisco with AIDS," says clinic coordinator Tina Clark. "But we want to do more outreach, particularly with women of color. Right now we're networking with community clinics to reach more women."

Located in the ACC, the clinic began as a way to meet the special needs of women with HIV, including concerns about child-bearing and raising children, and because some women felt uncomfortable in a clinic waiting room largely populated by male patients.

"We care for women who have some symptoms, and who need treatment and special consultation," says nurse practitioner Clark. Other outpatient clinics treat women who are in the early stages of the infection, she says.

In addition to providing medical care, the clinic provides women with HIV a place to meet, either in support groups or just more casually in the clinic.

"We get comments all the time that women like seeing other women in the clinic," says Clark, "because many of the women are fairly isolated. They can talk to each other and share experiences."

Women account for 221 of the 13,215 people who were reported as having AIDS from 1981 to 1992, according to the SF Department of Public Health's AIDS Office.

The Women's Specialty Clinic works closely with the pediatric AIDS program, because HIV-positive mothers often have HIV-positive children.

"We're finding that with women, AIDS is more of a family disease," says Clark. "You have to treat the whole family group. We are trying to make it easy for mothers whose children have appointments at the pediatric clinic to come over here at the same time, or to bring their children here if they need to."

To help mothers, the clinic provides flexible appointments, along with child care.

The clinic is open 8 a.m. to 5 p.m., Monday through Friday. The telephone number is 476-3226.

Osteoporosis Study

General Clinical Research Center investigators are seeking women for a two-year study to determine if potassium bicarbonate can help prevent osteoporosis.

Diets in modern countries produce a continuous level of acid in the blood. Our bodies neutralize this acid by removing calcium from the skeleton. It is believed that supplements of potassium bicarbonate can neutralize this acid and prevent bone loss.

If you are a women between the ages of 45 and 75, in good health, five years past menopause, currently not taking estrogen, you may be eligible to be part of the study. Call Eileen Nash at 476-3498.

Melanoma *(from page 8)*

presents opportunities for patients to re-evaluate priorities and think about what matters most to them," Kneier says. "As part of counseling, I help patients identify and work on areas of their lives where they think changes are necessary. In some ways, melanoma becomes a wake-up call."

In addition to counseling, the program provides patients and their loved ones the opportunity to join a melanoma support group. Periodic blood tests also are taken to measure the number and potency of cells in the patient's immune system.

A secondary purpose of Recovery in Mind & Body is research. The program follows a UCLA study which found that melanoma patients in support groups improved their immune responses as compared with those who received no formal support. Melanoma is particularly susceptible to the body's immune response, according to Kneier.

"The immune system by itself can kill the disease," he says. "There are cases of spontaneous regression, and cases of widespread metastatic melanoma disappearing. It is believed the immune system response is responsible. Also, when melanoma is removed from the skin and looked at under the microscope, we can see that certain white blood cells have been fighting the tumor."

Unlike the UCLA study and most other scientific studies, Recovery in Mind & Body has no control group of patients not receiving counseling. Kneier explains that the program places treatment above research, but that results may prove useful nonetheless in understanding the connection between mental and emotional well-being and physical recovery.

Participation in Recovery in Mind & Body costs $575. Most private insurers pay for a substantial portion of the charge, with the center handling the billing. If necessary, the center, which is located in the Mount Zion Pavilion, will accept installment payments over six months.

For further information, contact Kneier at 929-7114.

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UCSF Medsounds

New Radiology System Puts Medical Imaging on the *Fast Track*

ICN medical director Augusto Sola considers them a great patient care advance. Pediatric ICU director Scott Soiffer can hardly wait for them to be installed. And Radiology chair Ron Arenson continues as their most enthusiastic advocate.

The object of their attention — and affection — is a new series of computer image display stations that gradually will be installed in Moffitt/Long's intensive care units starting in July. These display stations, the first of which it is hoped will be an extensive network linking various units and clinics at all UCSF sites, are just the most visible parts of a new and highly sophisticated radiological information system centered in the UCSF Library.

One of the most dramatic features of the new system is speed. Instead of waiting one to two days for results, physicians soon will be able to see an X-ray, CT or MRI scan just minutes after it is completed. Moreover, the new system will allow physicians scattered all over the hospital to view the same sequence of images simultaneously on up to eight different display screens — instead of using precious patient care time in the trek to reading rooms on Mofffit's third floor. And in perhaps the biggest break yet with tradition, there will be no more X-ray, CT, MRI or other film to store. All images will be kept on optical disk and be instantly retrievable, an important fact considering that, nationally, 15 percent or more of all radiological scans are "not found."

The driving force behind the new system is Arenson, who personally recruited the UCLA team responsible for developing the country's first large scale picture archiving system and all the software and interface equipment that makes it possible.

Says Arenson, "The University of Pennsylvania and UCLA have been the leaders in picture archiving systems until now. We intend to take the best ideas from these institutions and others to create the next generation systems, which will be dramatically better than anything seen so far."

The UCSF team, led by H.K. "Bernie" Huang, not only brought more than a million dollars worth of equipment and six federal and private research grants and contracts,

(continued on page 6)

Staffing the soon-to-open Laboratory for Radiological Informatics are (front) Kathy Andriole and Todd Bazzill, and (back) director H.K. Huang, Andrew Lou and Albert Wong.

Page 1 . . . Black Nurses Symposium

Melanoma Program Emphasizes Mind and Body Connection

When it comes to melanoma, fear, anxiety and depression may prove the enemies of recovery.

"One's emotional state is important to the immune system, and if we can help patients cope mentally and emotionally, that may help them recover in body as well," says psychologist Andrew Kneier, who runs the Recovery in Mind & Body program at the Melanoma Center on the Mount Zion campus.

Although Kneier counsels all melanoma patients for a half-hour to an hour during their initial visits to the center, Recovery in Mind & Body started last November as an extended effort to deal with the psychological issues melanoma patients face.

The program, which is optional, consists primarily of four, 90-minute counseling sessions focusing first on the disease's impact on the patient and then on positive ways for the patient to respond. If the patient desires, his or her loved ones are invited to attend the sessions.

In addition to anxiety about an initial case of melanoma, patients often are terrified about a recurrence because the disease can recur suddenly years later, without any symptomatic warnings.

"Patients often tell me that they feel like they are living on a time bomb," says Kneier. "It's extremely frightening. These patients face the likelihood of dying if melanoma recurs, especially if it's internal. You can go from thinking you're cured to having a terminal condition practically overnight."

Patients also commonly minimize the disease's effect upon them so as not to worry their loved ones. That reaction can impede recovery, according to Kneier, because patients then fail to get the support they need.

"Family members don't appreciate being protected," Kneier comments. "They want their loved ones to be more open about the way they feel."

Counseling also presents patients with a means to deal with long-standing issues in their lives, says Kneier.

"We've all been struck with how cancer

(continued on page 7)

New MZ Medical Staff Board Members

Three new, at-large representatives have been elected to the medical staff board at Mount Zion, including the first woman to hold such a position.

The three new members are Marci Gottlieb, Gary Milechman and Lawrence Mintz. They were elected to three-year terms on the nine-member board during the medical staff's annual meeting held January 13 at Mount Zion's Herbst Hall.

Although women have served on the board in their capacities as department chiefs, Gottlieb is the first to serve on an elected basis. An internal medicine specialist, Gottlieb has been on staff since 1990. She trained at Mount Zion from 1986 to 1990 after receiving her medical degree at UCLA.

Milechman is a specialist in clinical cardiology and chair of the critical care committee, and Mintz is a specialist in infectious disease and vice chair of the infection control committee.

Also at the meeting, Bruce Wintroub, associate dean for UCSF/Mount Zion, said that he expects renovation of The Pavilion to be completed by the end of this year, and final renovation of the Brun Institute by fall. He also said that Neurology is planning the creation of a multiple sclerosis center at Mount Zion.

Safety Review Sessions Now Open

A safety review may not make the cut for your top 10 favorite activities, but you'll be thankful you attended one when a work hazard arises, as inevitably it will.

The annual, two-hour review covers everything from emergency and disaster preparedness, fire safety and handling hazardous waste to smoking rules, proper lifting techniques and avoiding work-related injuries including the risks of blood-borne pathogens.

All Medical Center personnel on both the Parnassus and Mount Zion campuses are required to attend a review session, except nurses, who undergo a separate safety review as part of relicensing.

Kimberly Lee, associate technologist in EH&S, conducts the sessions, which are held under the auspices of the Medical Center's Safety Committee.

The centrally organized review was initiated about a year ago at Parnassus and two years ago at Mount Zion, according to assistant director Dan Shydler, who serves as safety director. Before that, each department was responsible for holding its own safety review.

Sessions at Parnassus take place the third Monday of each month through November '93 at 8 a.m., 1 and 3 p.m. in LPPI Auditorium. Mount Zion sessions are scheduled the third Tuesday of each month through December at 7:45 a.m., 1:15 and 3:45 p.m. in Herbst Hall. Individual departments and units may schedule separate times.

Signing up by the Thursday before any given session is required, and a session may be canceled if fewer than 25 employees sign up for it. Employees will receive notification of canceled sessions.

To sign up for a safety review session, call Kim Lee at 476-0583.

Employee Health's Suzi Goldmacher

Suzi Goldmacher is the new administrative nurse in Employee Health Services. In addition to supervising the seven-member department, Goldmacher, who joined the Medical Center this month, will perform clinical duties.

Goldmacher has worked in occupational health for the past 10 years, in industrial and hospital settings. Prior to arriving at UCSF/Mount Zion, she supervised employee health services at Mendocino Coast District Hospital for one year and Children's Hospital, Oakland, for three years. A UCSF alumna, Goldmacher earned her bachelor's degree in nursing in 1980, her master's in 1983, and her adult nurse practitioner certificate in 1992.

Employee Health Services maintains offices at the Citibank building, 2400 Sutter St., near Mount Zion; and on the seventh floor of the ACC. The hours for both offices are 8 a.m. to 4 p.m., Monday through Friday. The telephone numbers are 885-7580 at Mount Zion and 476-1214 at Parnassus.